

**G+F prices from 1st July 2024. Discounts are rounded to nearest 5p.**

<b>CROP</b>	<b>QTY</b>	<b>Old Price</b>	<b>FULL PRICE</b>	<b>60% discount</b>	<b>30% discount</b>	<b>20% discount</b>
Apples - eating	each	40	40	20	30	35
Apples - cooking	250g	58	58	25	45	50
Artichoke, Globe	each	210	200	80	140	160
Artichoke, Jerusalem	500g	210	200	80	140	160
Asparagus	230g	263	270	110	190	220
Aubergines	each	100	120	50	85	100
Beans, Borlotti (dried)	250g	105	110	45	80	90
Beans, Broad	500g	236	240	100	170	195
Beans, Edamame (in pod)	500g	116	120	50	85	100
Beans, Flat	280g	105	105	45	75	85
Beans, French	300g	210	210	85	150	170
Beans, Runner	280g	205	230	95	165	185
Beetroot	bunch 500g	210	210	85	150	170
Blackberries	150g	236	250	100	175	200
Black / Redcurrants	125g	231	240	100	170	195

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Broccoli	per head (c.400g)	105	105	45	75	85
Broccoli, Purple Sprouting	230g	273	270	110	190	220
Brussel Sprouts	500g	137	140	60	100	115
Cabbage, pointed	each	89	95	40	70	80
Cabbage, red	per kg	84	100	40	70	80
Cabbage, round	per kg	84	90	40	65	75
Cabbage, Savoy	per kg	84	90	40	65	75
Carrots	500g	37	45	20	35	40
Cauliflower	each	105	120	50	85	100
Cauliflower, Romanesco	each	250	260	105	185	210
Cavolo Nero	200g	179	160	65	115	130
Celeriac	each	173	160	65	115	130
Chard	200g	105	130	55	95	105
Chicory	250g	205	200	80	140	160
Chillies	50g	84	85	35	60	70
Courgettes	600g	200	190	80	135	155

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Cucumber	each	105	110	45	80	90
Fennel	250g	116	130	55	95	105
Garlic	each	68	70	30	50	60
Gooseberries	300g	210	210	85	150	170
Kale, Curly	250g	131	140	60	100	115
Kohlrabi	100g	55	60	25	45	50
Leeks	500g	147	150	60	105	120
Lettuce, leafy	each	74	75	30	55	60
Lettuce, Little Gem	each	53	50	20	35	40
Marrows	see courgettes				0	
Onions	500g	53	50	20	35	40
Onions, Red	500g	53	50	20	35	40
Onions, Shallots	500g	168	175	70	125	140
Onions, Spring	150g bunch	68	70	30	50	60
Pak Choi	235g	184	180	75	130	145
Parsnips	500g	74	70	30	50	60

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Pears	each	53	60	25	45	50
Peas in the Pod	500g	263	265	110	190	215
Peas, Mange Tout	200g	158	150	60	105	120
Peas, Sugar Snap	200g	210	200	80	140	160
Pepper	each	63	60	25	45	50
Plums	each	42	40	20	30	35
Potatoes, first earlies	500g	105	110	45	80	90
Potatoes, 2nd earlies	500g	74	75	30	55	60
Potatoes, main crop	500g	53	60	25	45	50
Radish	200g	58	65	30	50	55
Rhubarb	400g	226	230	95	165	185
Raspberries	150g	263	260	105	185	210
Salad Leaves, mixed	bag (100g)	105	110	45	80	90
Salsify	350g	74	75	30	55	60
Spinach	260g	168	160	65	115	130
Spring Greens	500g	105	100	40	70	80

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Squash, gem	each	179	100	40	70	80
Squash, others	per kg	168	170	70	120	140
Swede	each	74	70	30	50	60
Sweetcorn	each	84	90	40	65	75
Tomatoes, cherry	250g	84	100	40	70	80
Tomatoes	pack of six	89	100	40	70	80
Turnips	350g	116	100	40	70	80

### Active Member Discounts

Average of 6 or more hours per week	60% discount
Average of 3-6 hours per week	30% discount
Average of less than 3 hours per week	20% discount
<b>Other Discounts</b>	
Individual vegetables may be further discounted when there is a glut of them or they are substandard (so called donations). These extra discounts will be shown on individual price boards close to the item(s).	